



POST CARE INSTRUCTIONS FOR PHOTO-REJUVENATION

After Laser treatments for Photo-Rejuvenation, it is common to have mild swelling, slight bruising and, or an increase or decrease of skin pigmentation at the site of the treated areas. These conditions usually resolve in one to three days. Properly caring for your skin after the treatment will improve your overall results. Please follow these instructions for as long as your skin feels sensitive.

Apply ice if needed after treatment.

When washing your face, use a gentle cream-type cleanser and cool water only. Pat your skin dry with a clean towel and avoid rubbing

You may apply moisturizer after washing area.

If the treated areas become crusted, apply a thin layer of an over-the-counter antibiotic ointment such as Neosporin or Bacitracin. **DO NOT SCRATCH or PICK** at the affected areas as this could promote scarring.

Apply sunscreen daily of at least 20-30 SPF. Make-up or moisturizer that contains sunscreen is **NOT** enough protection. You should do this for the rest of your life. Many high-grade sunscreens can be used in place of moisturizer to reduce the thickness and potential for perspiring under the sunscreen.

Avoid sun as much as possible on the treated area and wear a hat if you are going to be outdoors for long periods of time.

The treatment is intended to correct damage done by sun exposure. The results will be enhanced by avoiding further damage caused by unprotected sun exposure.

If you have any questions or problems, call the OGA Aesthetic and Laser Center at 713-512-7019.